



IDK[®] Analysis

De Individual Development Key[®] is a unique analysis that discloses the inner coherence of your personality. It reveals how your talents and bad habits, intentions and effects, blind spots and convictions relate to each other and determine your approach to life. Furthermore, it explains your style of interaction and the obstacles that you encounter in communication and collaboration. From your personality profile and its enclosed potential, a natural development path follows. A route that sometimes requires some adjusting in order to become an improved version of yourself. Thanks to its complete picture of your (professional) abilities and your functioning, the analysis offers a solid foundation for natural and sustainable self-realisation. And therewith provides you with a direction to a more effective deployment of your talents.

Applicability

The IDK[®] Analysis can be used to clarify a vast number of diverse personal, relationship or work-related questions, throughout different phases of your personal and professional development. Think, for example, of career-, study-, and life choices, the discovery of your talents, increasing the effectiveness of your communication, finding a better balance in collaboration with others, dealing with emotions, rekindling your inspiration & motivation, improving your leadership style, recalibrating your relationship, dealing with conflict, enhancing your self-confidence. In short with all life questions.

Outline and working method

The analysis consists of three modules. After the first module, in which the learning question, working method and introductory theory will be discussed, follows the identification of your IDK[®] personality type in the second. This will happen by way of an intense question-driven interview, in which you will undertake the search for your personality type yourself.

In the third module the dynamics of your IDK[®] and the interaction with your surroundings will be clarified and you will get an insight into the how and why of your individual obstacles, challenges and development points. The analysis can be expanded with a fourth module, in which the implications of your personality type for your professional development will be discussed, if desired.